



**Volunteer Group Fitness Instructor (Substitute) – Aquatic Fitness  
Westhills YMCA-YWCA (Langford, BC)**

**Vacancies:** 1-2

**Placement:** Immediate

**Position:** Volunteer

**Nature and Scope:**

The Volunteer Group Fitness Instructor (Substitute) – Aquatic Fitness designs, modifies, and instructs safe, effective and appropriate fitness programs to meet the needs of members, community and special populations in a group fitness setting. They will ensure that members understand the benefits of exercise and feel comfortable with the fitness program. The volunteer will perform work according to YMCA-YWCA values, objectives, policies, and health and safety and risk management programs.

The Volunteer Group Fitness Instructor (Substitute) – Aquatic Fitness will be based at the Westhills YMCA-YWCA facility, and will be responsible for providing substitute class coverage. Classes are continuous throughout the year.

**Responsibilities:**

- To engage, motivate and lead individuals in a group fitness class setting safely
- Reliable and dependable
- To demonstrate a commitment to safety in program delivery
- To ensure excellent customer service is provided
- To maintain and develop relationships with members, participants, staff and other volunteers within the YMCA-YWCA

**Qualifications:**

- YMCA Group Fitness Instructor – Aquatic Fitness certification (or equivalent; eg. BCRPA Aquatic Fitness)
- Current Standard First Aid and CPR C required
- 1 year experience as a Group Fitness Instructor in group classes or an equivalent combination of education and experience is an asset
- Experience/training in multiple formats is an asset
- A clear Police/RCMP Criminal Record Check with Vulnerable Sector Screening is required

**Competencies:**

- Commitment to Health and Safety
- Commitment to Organization Vision and Values
- Customer Service
- Teamwork
- Communication
- Problem Solving
- Planning and Organization

**To Apply:** Please send a cover letter and resume to:

Human Resources  
YMCA-YWCA of Vancouver Island  
**Email:** [hr@vancouverislandy.com](mailto:hr@vancouverislandy.com)

***Please Note:***

- 1. Application Deadline:*** *This posting will close when suitable candidates have been found.*
- 2. We thank all applicants, but only short-listed candidates will be contacted.***

*The YMCA-YWCA of Vancouver Island is an equal opportunity employer.*