


Lifesaving Leadership Program Policies At-A-Glance (2018)

Legend			
✓ Required	Lifesaving Instructor	Lifesaving Instructor Trainer	LSI/LSIT Recert
◇ Optional			
Program Policies			
Prerequisites	<ul style="list-style-type: none"> • 16 years (by last day of course) • Bronze Cross (need not be current) 	<ul style="list-style-type: none"> • 18 years old • LSI (current) • Taught 4 Bronze courses • 2 Apprenticeships (1 course/1 Recert) 	<ul style="list-style-type: none"> • LSI and/or LSIT (within 5 years of certification date)
Instructed By (current)	LSIT	National Trainer	LSIT
Currency (years)	2		
Course Length (no breaks)	24		4
Candidate/Instructor Ratio (maximum/minimum)	12:1 6:1		12:1 3:1
Program Environment			
Aquatic Environment	1.5m deep/20 m long		
Class Environment	25 square feet floor space/candidate in an illuminated, heated, and ventilated room		
Program Literature			
Canadian Lifesaving Manual	1:1		N/A
Lifesaving Instructor Kit	1:1		N/A
Notes for Instructor Trainers	N/A	1:1	N/A
LSI/LSIT Recert Guide	N/A	1:1	
Program Equipment			
As per Lifesaving program equipment requirements			
Program Recognition			
Wallet Card	Branch-issued		

Equipment Requirements – Sanitization

A training facility and instructor must ensure that the required equipment and supplies are clean and ready for use in each class.

- Equipment that makes direct contact with class participants (e.g. pocket masks) must be washed with detergent and water then soaked in a bleach solution (1 part bleach/10 parts water) for up to 10 minutes.
- If candidates are sharing manikins, they must be disinfected between each use.
- If candidates are sharing manikins, they must be disinfected between each use. Thoroughly wipe the mouth and face of the manikin with alcohol wipes (70 Isopropyl or Ethyl Alcohol) for at least 30 seconds.
- Regular hand washing should be encouraged throughout the course in order to reduce the risk of infection and disease transmission.