A close-up photograph of a young girl with dark, wet hair, smiling and making a peace sign with her right hand. She is wearing a bright yellow life vest with grey trim. The background is blurred, showing other people and greenery. A semi-transparent dark yellow banner is at the bottom, containing the text.

# 2016 ANNUAL REPORT

## LIFESAVING SOCIETY

BC & YUKON BRANCH



**BC & Yukon Branch Vision Statement**

The BC & Yukon Branch of the Lifesaving Society is an active member of the community dedicated to preventing death and injury in, on, or near the water. We search out opportunities to include everyone as driven by the needs of our community. We endeavour to collaborate with all groups and individuals with like aims. We are a dynamic organization that celebrates growth, flexibility, innovation, excellence and proactive leadership.

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# PRESIDENT'S MESSAGE



In my first year as President of the BC & Yukon Branch I have been honoured to serve in supporting our common objective of preventing drowning and water-related injury. In 2016 we saw many initiatives, some new and some traditional, that continue to address the public health issue of drowning.

New initiatives included expansion of the Swim to Survive program from the original Grade 3 target group to Grade 7 children and now to families as a group. In July our first Swim to Survive Day was a great success thanks to the City of Vancouver donating Kits pool, Paul Wechselberger and his Lifeguard Outreach Society alongside the many volunteers and staff that helped teach over 600 children the important lifesaving skills of Swim to Survive.

I am also privileged to represent the BC & Yukon Branch on the National Board of Directors, a group that was very active in 2016 with supporting Society priorities that support Branch work and oversee national projects. A highlight of the year nationally was a new consistent look and

messaging for National Drowning Prevention Week that provided great profile to this important component of our public education campaign.

The on-going development and progress shown by our national Training Programs Commission helped to complete a revision of the leadership training program as well as starting work on revision of our Bronze family of programs. I was most pleased to see our former Branch Education Director, Wendy Schultenkamper, hired as National Technical Manager as she is now providing her expertise and support to all national initiatives.

The best news within our Branch was that we saw a drop in drownings in 2016. Preliminary numbers show a total of 51, down from 67 in 2015, 59 in 2014 & 65 in 2013. We hope that it is a continuing trend that has been, and will continue to be, impacted by our work in so many areas of drowning prevention.

Lifesaving sport also saw much activity in 2016 with a great Barnsley Branch Lifeguard Championship hosted by our friends at Saanich Commonwealth Place in Victoria. And special congratulations go to the Eh Team for getting their names on the coveted Barnsley Shield. Hosting the 2016 Canadian Lifeguard Emergency Response Championship (CLERC) was a great experience and once again many thanks to the Guildford Recreation Centre staff and volunteers who did an amazing job of hosting.

As we look forward to an exciting year in 2017, especially in hosting the World Conference on Drowning Prevention, we anticipate the continuing support of our dedicated volunteers and staff group. We will need all hands on deck to show the world the best-ever World Conference as we welcome them in October.

The volunteer group that helps to steer this Branch is a wonderful group that I'm pleased to be a part of, that being our Board of Directors, namely VPs Jason Blood, Peter Fox, Tony Toriglia and Jeff Holland; Treasurer John MacRitchie; Past President Michael Lawless; and our Governor Ian Robertson. As he leaves his position, I especially want to thank Ian for the dedication and incredible professionalism he has shown in his years as Branch Governor. We will miss him but wish him well in his new opportunities.

Heidi Ogilvie, Branch President

# BRANCH PRESIDENTS

Frederick William Burrows	1923 - 1925	Maxwell E. Gordon	1970 - 1972
William Reid Owen	1925 - 1926	Margaret Jean Lathwell	1972 - 1976
Frederick William Burrows	1926 - 1930	Nestor Nick Korchinsky	1976 - 1980
Alfred H. J. Swencisky	1930 - 1932	Dan E. Moon	1980 - 1982
Lestock Charles Reid	1932 - 1933	Doreen Drysdale	1982 - 1987
George Alexander Burrows	1933 - 1934	Ellen Lloyd	1987 - 1992
Gordon Vance	1934 - 1937	Julia Oulton	1992 - 1994
Thomas M. Galloway	1937 - 1938	Ron Aubrey	1994 - 1996
Lestock Charles Reid	1938 - 1940	Tony Toriglia	1996 - 1998
John Lawrence Lugin	1940 - 1942	Heather Straight	1998 - 2000
Rollie S. Henderson	1942 - 1945	Nicole Liddell	2000 - 2002
Gordon Vance	1945 - 1946	Ian Robertson	2002 - 2004
Edward Frank Forsyth	1946 - 1947	Dan Galazka	2004 - 2006
George Alexander Burrows	1947 - 1948	Sean Healy	2006 - 2008
John Thomas Kelly	1948 - 1957	Craig Amundsen	2008 - 2010
H. Douglas Whittle	1957 - 1966	Len Manuel	2010 - 2012
George Alexander Burrows	1966 - 1968	Dalyce Brandt	2012 - 2014
R. Gordon Edmonds	1968 - 1969J	Michael Lawless	2014 - 2016
James Bertram Snelgrove	1969 - 1970	Heidi Ogilvie	2016- present

# BRANCH GOVERNORS



Ian Robertson, Branch Governor

Alfred H.J. Swencisky	Dates unconfirmed
Major-General John M. Rockingham	1980 - 1983
George A. Brown	1988 - 1994
Peter Legge	1995 - 1997
Jon MacKinnon	1997 - 2008
Ian Robertson	2008 - present





## EXECUTIVE DIRECTOR REPORT

The year of 2016 started on a very positive note with our WaterWise Boat Safety Team members, Sienna Joyce and Madisen Steinwand, travelling to Toronto to receive their Canadian Safe Boating Award (CASBA) for Best Boat Safety Initiative. Their creativity in widening the scope and reach of the Team's work was highly commendable and much appreciated.

In the program department, Brooke Cherfils quickly learned her new job and found herself fully immersed in preparing for leadership recertification clinics in all three streams of programs. She has embraced the challenge and brings great experience and enthusiasm to the Branch office.

Thanks to Krystyna Domes' drive and dynamic nature, the Swim to Survive program grew in leaps and bounds. A special Commonwealth 125th certificate will recognize the many individuals, school boards and pool programmers who contributed to the many thousands who received these important skills in 2016.

We are most indebted to our Affiliates who provide our programs to members of the public in hope that more lives will be saved from accidental death and injury. We very much appreciate your on-going loyalty and we will continue to provide our best possible service to support your efforts.

There are many very exciting projects ready to flourish in 2017 that create much anticipation among staff and volunteers. The biggest event of the upcoming year will be our hosting of the World Conference on Drowning Prevention in October that will draw over 600 delegates from more than 60 countries. Along with staff member, Talia Joyce, who has been working hard to coordinate the conference, we anticipate a great event with many people assisting to make it happen.

Similar to the previous year some of my time in 2016 was partially diverted from Branch operations to act as Interim National Executive Director to fill in for a medical leave. As a result, special thanks again go to Branch staff for helping to continue providing excellent customer service and support to the work required to meet our mandate.

Dale Miller, Executive Director

## PROGRAM AND PUBLIC EDUCATION REPORT



As 2015 was a year of change, 2016 proved to be no different. With the addition of Brooke Cherfils, Education Director, and Alvin Cheung, First Aid Program Coordinator, the Branch took a fourfold approach at program development and Affiliate support:

### 1. Identifying Program Needs and Scope

Between April and June, Brooke visited 36 facilities in regions all over BC. Affiliates were more than happy to share their program victories and challenges and discuss how the Society can support them in their program needs.

### 2. Training Instructor and Instructor Trainers

A reoccurring theme with Affiliates throughout the year was staff shortages, specifically with advanced instructors who could teach the NL and SFA programs, so the program staff turned their attention to Instructor development initiatives. Alvin spent many hours working with Affiliates and connecting candidates with First Aid Instructor courses. Brooke taught two National Lifeguard Instructor courses and certified 3 National Lifeguard Instructor Trainers to continue the movement towards providing leadership

long-term.

### 3. Evaluating Training Delivery

This was an exciting year for thinking outside the box in how we deliver program changes. With the help of the Lifesaving Society Manitoba Branch, we launched our first online livestream video to update all Instructors and Instructor Trainers in the first aid recommendations provided by the International Liaison Committee on Resuscitation (ILCOR) in October of 2015. Not only was this a great learning opportunity for the Branch, it was well received and decreased the cost for many of our remote instructor and Affiliates. Truly a victory!

### 4. Curriculum Development

Some unforeseen national developments delayed the launch of the new Leadership program this past year; however, lots of work was accomplished behind the scenes, specifically on gap analysis with current programs and new program literature on the Instructor and Instructor Trainer levels. We are looking forward to seeing this through to completion as we get ready to launch nationally.

In addition to the new leadership program, Brooke and Alvin gave attention to the upcoming recertification cycle beginning in the spring. This attention took form in working with Committees to create curriculum, develop new material and update existing resources.

One of the biggest celebrations this past year, was the exciting public education launch of our Swim to Survive + program in Nanaimo and the launch of Swim to Survive Day at Kitsilano Pool. In partnership with the Vancouver Parks Board, Lifeguard Outreach Society and many volunteers, Kits hosted nearly 600 children in 1 day who learned key lifesaving skills that will help them survive an unexpected fall into water.

In November, the Branch said good-bye to David Rose. David has worked with the Lifesaving Society for nearly 11 years as Program Coordinator and most recently Manager of Safety Services. He has been instrumental in advancing the Aquatic Safety Audit Program and providing pool operators with recommendations on improving the safety of their facilities. David's insight and experience to help shape our programs, public education and Affiliate services will be missed.

In lieu of David leaving, the Branch posted the position of Program Coordinator. Cheryl Sibany enthusiastically accepted in December and we look forward to her joining our team in the new year.

In closing, we would like to thank all of our co-workers at the Branch office, our Affiliates and the tireless efforts of Society Committee members and volunteers who have played a part in making this another successful year.

Brooke Cherfils, Education Director



## NATIONAL LIFEGUARD COMMITTEE REPORT

**Committee Members:** Alyson Dewey, Chris Cordova, Emma Jacobsen, Gordon Macdonnell, Julie Kaufman, Lauralee March, Michael Miller and Karen Hillmann (chair).

**Regional Representatives:** Becky Tomlin (Yukon), Jerry Michael (Island), Kyle Kronebusch (Northeast BC), Melina Sweezey (Northwest BC).

**Staff Representative:** Brooke Cherfils

March 2016 was the start of a new two-year NL Committee term and the start of my third time of being NL Committee Chair. As always, there has been continued ongoing support from the Branch Office as well as amazing enthusiasm and energy from a group of volunteers that comprise the NL Committee. From the monthly meetings that consist of discussions, debates and group projects, I give my all my thanks to each of the Committee Members as well as the Branch office for their dedication, resource input, recommendations, feedback and pride in what each one of them brings to the NL Committee.

We also said good-bye to Wendy Schultenkamper who for many years attended the NL Committee meetings as a Lifesaving Society staff representative. Wendy brought great patience, input and resources. It was time to welcome Brooke Cherfils, the new Education Director with the Lifesaving Society, who now joins the NL Committee meetings with a positive new direction and ideas.

In 2016, the NL Committee along with the Branch office, worked on the following projects and resources (many of the meetings now include time as a working session for projects):

- A start to lesson planning for lifeguarding principles
- Principles versus procedures on spinal injury management
- Photo shoots in NL courses and recerts for the new website
- Lifesaving Instructors contacted for upcoming NL Instructor courses
- Fall 2016 started with the preparation of the new 2017 NL Recert cycle and its theme and content. There is a lot of preparation that goes into a recert cycle so this takes the better part of a season and its meetings. The new recert cycle starts in Spring 2017.
- Work was also started on course materials for the BC & Yukon Branch for NL Instructors (NL course assignments, quizzes and the Precert/Recert Guide)

National Lifeguard programs and numbers for 2016:

- 4 NL Instructor courses were offered in 2016 at:
  - H2O Adventure & Fitness Centre in Kelowna
  - Kenn Borek Aquatic Centre in Dawson Creek
  - Nanaimo Aquatic Centre
  - Surrey Sport and Leisure Complex

Each Affiliate did a great job at hosting the NL Instructor courses all of which had great attendance. Through these courses, there were 36 new instructors starting the process of completing their NL Instructors. Thanks to the Instructor Trainers and the Branch Office for hosting, supporting or teaching the courses.

The NL Committee is there to represent NL Instructors so if you have any questions, input or ideas, don't hesitate to ask or use the NL Instructor Facebook page (many questions and discussions have come up here throughout the years). With arrangements being made in advance, any current NL Instructor is welcome to attend a committee meeting. The Committee actively participates in all aspects of the NL program with hopes of striving towards consistency in running a quality and well-respected program.

I give my continued thanks to each Committee Members as well as the Branch office for all their time, support and most importantly, commitment in what each one of them brings to the NL program, teaching and mentoring. Your help with projects and deadlines is appreciated ever so much. It has been a great year and I couldn't have done it without all of you.

**Karen Hillmann**  
NL Committee Chair



## LEADERSHIP COMMITTEE REPORT



**Committee Members:** Andrew Mudiappu, Dan Minster, Elaine Leong, Krista Sabatino, Veronica Grusnick (Acting Chair), Sven Bellamy (Past Chair)

**Regional Representatives:** Larissa Ianson (Northern BC)

**Staff Representative:** Brooke Cherfils

March of 2016 began the second year of the current two year term for the Leadership Committee. Brooke Cherfils, who was one of our regional members, joined us in a different capacity as the Lifesaving Society staff representative.

The Committee waited with eager anticipation for the new leadership award guides that we were able to delve into by April and May. We spent time identifying strengths and weaknesses of our current LSI program and asked the questions: what do we keep, what do we discard and what do we modify looking ahead as we develop the new LSI program? This brought some key insights to the table that focused Committee work for the rest of the season.

This analysis launched us into the upcoming 2017 LSI/LSIT Recertification cycle preparation. Some key resources, such as a Test Sheet cheat sheet, will be added to the website to assist instructors in the administration of their courses. In addition to this, we are at the editing stage for Bronze Medallion and Cross combined lesson plans and workbook. The lesson plans were piloted by both new and experienced instructors and feedback given to the Committee which will drive the look and feel of the final documents.

Most recently, the Committee turned its attention to updating the current resources with the new First Aid/CPR Update material. All updated material will be available online as of April 1, 2017.

I want to take this opportunity to thank all the Committee members for their hard work and passion this last year.

We are currently in the process of receiving Leadership Committee applications for the new 2 year term. The deadline is March 31, 2017. If you are interested in participating in program and resource development for the LSI and LSIT programs, the Terms of Reference and Committee application are located online in the LSI group or call the Branch office and they will gladly email you the two documents.

Again, thank you so much to each committee member for your commitment to quality and fun in our leadership stream.

**Veronica Grusnick**, Leadership Committee Acting Chair



## COMPETITION COMMITTEE REPORT

**Committee Members:** Kim TownSchon (Chair), Chris Cordova, Veronica Grusnick, Tia Town-Schon, Jerry Michael

Your committee has been working hard to complete the new 2017 Competition Handbook for the season; it will be available online before the season begins.

We are excited to see the growth in Lifesaving Sport in the 2016/17 season as many Affiliates are jumping onboard with Jr. Lifeguard clubs! The Branch is looking forward to relaunching Telegames in the upcoming season, dates to be announced. Telegames provides clubs the opportunity to compete in their home pool while seeing how they measure up against other clubs throughout the Branch.

The Competition Committee is looking for keen new recruits to join our ranks. This season we are looking for those interested in sport development for juniors, senior and masters. We continue to look for teams and facilities interested in participating and/or hosting. If you are interested in putting a team together, hosting an event or want to help out at an event, please connect with us.

As always, if you have any questions, comments or concerns, or need some advice, you can always connect with someone on the Competition Committee by sending an email to [guardcomps@lifesaving.bc.ca](mailto:guardcomps@lifesaving.bc.ca).

A big thanks to all of the key organizers, host staff and officials, as well as to all the participating teams who made these local events an important part of the past year's success story. And a special mention to meet manager Chris Cordova, whose support and expertise is much appreciated.

We wish to thank CLERC hosts at Guildford Recreation Centre and Barnsley hosts Saanich Commonwealth Place. The host and volunteers for these events were instrumental in making competition in 2016 a great success.

**Kim TownSchon**, Competition Committee Chair



## LIFESAVING SOCIETY CORE PROGRAM STATS

PROGRAM	2016	2015	2014	2013	2012	2011
Canadian Swim Patrol	1,287	1,640	1,683	1,173	1,211	1,005
Bronze Star	894	1,010	937	818	1,151	1,243
Bronze Medallion	3,686	3,877	3,818	3,704	4,224	4,334
Bronze Cross	3,182	3,275	3,265	3,014	3,376	3,626
<b>TOTAL LIFESAVING</b>	<b>9,049</b>	<b>9,802</b>	<b>9,703</b>	<b>8,709</b>	<b>9,962</b>	<b>10,208</b>
AED	633	809	895	955	1,359	1,595
CPR	2,132	2,723	2,757	3,301	3,347	4,907
Aquatic Emergency Care	97	167	160	152	273	250
Health Care Provider	687	656	707	770	987	654
Emergency First Aid	2,412	1,657	2,201	1,730	1,812	1,808
Standard First Aid	2,923	2,486	3,211	2,693	3,230	2,824
Worksite First Aid	23	73	119	169	147	100
<b>TOTAL FIRST AID</b>	<b>8,907</b>	<b>8,571</b>	<b>10,050</b>	<b>9,770</b>	<b>11,155</b>	<b>12,138</b>
National Lifeguard	1,675	1,568	1,631	1,683	1,796	1,984
National Lifeguard Recert	2,474	2,309	2,405	2,200	2,472	2,575
NL Waterpark	370	382	361	331	416	475
NL – Waterpark Recert	390	354	389	350	356	358
NL – Waterfront	110	60	69	60	43	88
NL – Waterfront Recert	99	100	92	96	91	95
NL – Surf	10	0	0	0	0	12
<b>TOTAL NATIONAL LIFEGUARD</b>	<b>5,128</b>	<b>4,773</b>	<b>4,947</b>	<b>4,720</b>	<b>5,174</b>	<b>5,587</b>
LS Instructor	510	438	470	479	534	573
LS Instructor Recert	565	942	510	922	517	1,099
NL Instructor	36	6	39	16	29	20
First Aid Instructor	53	31	9	63	31	28
LS Instructor Trainer	10	11	8	6	12	5
<b>TOTAL LEADERSHIP</b>	<b>1,174</b>	<b>1,497</b>	<b>1,027</b>	<b>1,423</b>	<b>1,092</b>	<b>1,697</b>
<b>TOTAL CORE PROGRAMS</b>	<b>24,258</b>	<b>24,643</b>	<b>25,727</b>	<b>24,622</b>	<b>27,383</b>	<b>29,630</b>

## STATEMENT OF FINANCIAL POSITION

<i>For the year ended December 31</i>		2016	2015
<b>CURRENT ASSETS</b>	Cash & equivalents	32,868	19,644
	Accounts receivable	91,107	77,151
	Interfund receivables	22,511	0
	Inventory	43,140	60,913
	Prepaid expenses	52,889	35,894
<b>Total Assets</b>		<b>242,515</b>	<b>193,602</b>
<b>CURRENT LIABILITIES</b>	Bank indebtedness	0	5,464
	Accounts payable	13,560	27,525
	Interfund payable	7,315	6,352
	Deferred revenue	95,448	20,000
<b>Total Current Liabilities</b>		<b>116,323</b>	<b>59,341</b>
<b>FUNDS BALANCE</b>	Balance at beginning of year	134,261	69,222
	Excess of receipts over (under) disbursements	66,286	62,333
	Inter fund transfers	(22,172)	2,706
	Balance at end of year	<b>126,192</b>	<b>134,261</b>
<b>Total Liabilities &amp; Funds Balance</b>		<b>242,515</b>	<b>193,602</b>
<b>RECEIPTS</b>	Administration	128,075	83,714
	Awards	499,704	514,982
	Donations	340	8,000
	Literature sales	256,404	275,318
	Merchandise sales	85,960	82,830
	Outreach funding	249,187	35,100
<b>Total Receipts</b>		<b>1,220,300</b>	<b>999,944</b>
<b>DISBURSEMENTS</b>	Accounting and legal	10,665	9,935
	AdventureSmart expenses	228,536	0
	Advertising and promotion	7,100	5,312
	Bad debts	0	0
	Bank charges & interest	8,434	9,422
	Committees and events	74,041	64,919
	Cost of sales and awards	238,646	259,222
	Equipment and repairs	2,812	2,067
	Insurance	18,206	15,182
	Office and miscellaneous	26,853	24,648
	Postage and shipping	22,825	23,670
	Premises	25,396	27,010
	Printing and stationery	2,628	2,829
	Salaries and benefits	483,658	438,030
	Supplies	9,116	9,116
	Technology upgrades	14,286	9,676
	Telephone	7,242	5,447
	Travel and accommodation	25,753	31,126
<b>Total Disbursements</b>		<b>1,206,197</b>	<b>937,611</b>
<b>Excess of Receipts Over (Under) Disbursements</b>		<b>14,103</b>	<b>62,333</b>

# AFFILIATE RECOGNITION AWARDS

Each year the Lifesaving Society recognizes facilities that provide our programs. Certificates are issued to facilities certifying the most candidates in each program stream based on population.

## 2016 AFFILIATE AWARD RECIPIENTS

### Bronze Programs

Over 175,000	Jewish Community Centre, Vancouver (LIT)
100,000 – 175,000	Sungod Recreation Centre, Delta
50,000 – 100,000	Nanaimo Aquatic Centre, Nanaimo
20,000 – 50,000	West Vancouver Aquatic Centre
Less than 20,000	Fernie Aquatic Centre, Fernie

### Lifesaving Instructor Courses & Recerts

Over 175,000	Jewish Community Centre, Vancouver (LIT)
100,000 – 175,000	Harry Jerome Recreation Centre, North Vancouver
50,000 – 100,000	Canada Games Aquatic Centre, Kamloops
20,000 – 50,000	West Vancouver Aquatic Centre
Less than 20,000	Frank Jameson Aquatic Centre, Ladysmith

### National Lifeguard Courses and Recerts

Over 175,000	Jewish Community Centre (LIT), Vancouver
100,000 – 175,000	City Centre Aquatic Complex, Coquitlam
50,000 – 100,000	Hide Creek Recreation Centre, Port Coquitlam
20,000 – 50,000	West Vancouver Aquatic Centre
Less than 20,000	Cranbrook Aquatic Centre, Cranbrook

### First Aid Courses & Recerts

Over 175,000	Link2Life, Vancouver
100,000 – 175,000	Life Preservers, North Vancouver
50,000 – 100,000	Four Seasons Leisure Pool, Prince George
20,000 – 50,000	Strathcona Gardens, Campbell River
Less than 20,000	Pacific Alpine Institute, Whistler

### Seasonal Pools

Lower Mainland	Eagle Ridge Pool, Coquitlam
Outside LM	Hooksum Outdoor School, Tofino
Camp	Camp Elphinstone, Gibsons

### Individual Affiliates

All courses	Shandy Kariatsumari
First Aid	Karen Hillmann
Lifesaving	Shandy Kariatsumari

# AWARDS AND RECOGNITION

## INSTRUCTOR RECOGNITION AWARD RECIPIENTS

### New Lifesaving Instructor Recognition Award

Robyn Johansen, Vancouver Island  
 Monica Tomas, Metro Vancouver  
 Kaelan Hodgins, North  
 Kari-Lyn Dobson, Thompson/Okanagan

### New National Lifeguard Instructor Award

Pete Chen, Metro Vancouver  
 Mark Fellhauer, Thompson/Okanagan

### New First Aid Instructor Recognition Award

Tajpreet Grewal, Vancouver Island  
 Javan Johnston, Kootenays  
 Phil Scoates, Metro Vancouver  
 Rob Sawatzky, Thompson Okanagan

## AED AWARDS

The AED Rescue Award is an Affiliate award that recognizes rescuers who have used their Lifesaving Society training under the AED Quality Assurance Program.

The focus of the AED-QAP program includes not only training in effective CPR and on the facility specific AED, but also training in the deployment of the AED to the scene in a timely manner.

Since 2007, the program has seen a total 35 AED deployments, 29 of which were successful. Research has shown that effective resuscitation and the application of an AED within the first few minutes of a cardiac arrest can dramatically improve survival outcomes. This is evident in our 83% success rate... well above the national average.

### 2016 Recipients

Penticton Community Centre – January 15, 2016  
 Kelowna Family YMCA – May 1, 2016



# DB PERKS SCHOLARSHIP

2017 marks the 23nd year of the DB Perks/Lifesaving Society scholarships. Since their inception in 1995, \$40,000 has been provided to 80 recipients from 718 applicants.

## 2017 Recipients

Anthony Lee, Burnaby  
Martin Chan, Richmond  
Lindsay Munroe, Coquitlam  
Becky Tomlin , Whitehorse  
Sarah Schlatter, Victoria

## 2016

Matteo Ferraresso, Burnaby  
Ryan Wilmink, Vancouver  
Sienna Joyce, Port Moody  
Wyatt Henry, Kamloops  
Timothy Bientjes, Kamloops

## 2015

Rachel Hennig, Langle  
Julie Kaufman, Vancouver  
Anna Legault, Victoria  
Michelle Lukas, Vancouver  
Rebecca Roy, Kamloops

## 2014

Amanda Tuey, Burnaby  
Marc Lacroix, Surrey  
Cameron Meldrum, Chilliwack  
Julia Sharma, Burnaby  
Claire Bruce, Prince George

## 2013

Vanessa Butler, Surrey  
Melissa Gillespie, Saanicon  
Sheena Fulop, Pender Island  
Colin Pistawka, Kelowna

## 2012

Noel Lai, Vancouver  
Sasha Maleki, Coquitlam  
Amanda Penny, Williams Lake  
David Slade, Delta

## 2011

Veronica Grusnick, Surrey  
Emily Hails, Coldstream  
Cailey Hume, Sparwood  
Ben Tettamanti, Vancouver

## 2010

Leo Chan, Coquitlam  
Christian Gotengco, Vancouver  
Brittany Hollett, Kamloops  
Brittany Williams, Surrey

## 2009

Natasha Corewyn, Vancouver  
Eric Iadarola, Kamloops  
Jerry Michael, Victoria  
Quinn Yu, Surrey

## 2008

Lisa Flegel, Bella Coola  
Jamie Lee McSweeney  
John-Jose Nunez

## 2007

Sarah Glenn, Ladysmith  
Yvonne Gomez, Victoria  
Jessamyn Logan, Saanich  
Amanda Lust, Penticton

## 2006

Janet Maxsted, Kelowna  
Ashley Rota, Vancouver  
Christina Smirl, Sooke

## 2005

Sven Bellamy, Burnaby  
Jen Brett, Savona  
Lois Moore, Whitehorse

## 2004

Natasha Files, Surrey  
Janice Newkirk, Hagensborg  
Ryan Radford, Vancouver

## 2003

Candace Brown, New Westminster  
Brian Campbell, West Vancouver  
Trevor Roy, Kelowna

## 2002

Sarah Canning, North Vancouver  
Nicholas Crump, Surrey  
Kaitlin Pasqualotto, Trail

# 104TH ANNUAL COMMONWEALTH AWARDS

The Honour and Rescue Awards celebrate the human spirit of giving. The Honour awards praise the dedicated efforts of the Lifesaving Society's volunteers. The Rescue Awards continue the celebration by rewarding people for unselfishness in putting their lives on the line during a water rescue. The selections are made from rescues reported in the news, from individual recommendations and from police reports.

Awards presented at the 104th Honour and Rescue Awards Ceremony on March 5, 2016:

## HONOUR AWARDS

### Certificate of Thanks

Troy Bingham  
Sean Chambers  
Jonathan Goerzen  
Debbie Heywood  
Gordon Macdonnell  
Jerry Michael

### Service Medal

Chris Cordova  
Claire Nicol  
Melina Sweezey

### Honorary Commonwealth

Life Member  
Nicole Liddell

### President's Plaque

Paul Wechselberger

## RESCUE AWARDS

### Silver Medal for Merit

Andrew Anaka  
Meagan Brame  
Steven Brame  
Wayne Carson  
Anne De Jong  
Erika Maarhuis  
Raylene Tysson  
Francis Campbell  
Michelle Campbell  
Peter Frank Jr.  
Etienne Herold  
Trinity Jezierski  
Kenny Brown  
Carl Martin  
Marcel Martin  
Clarence Smith  
Donald William Jr.

### Silver Medal for Bravery

Holly Harris  
Hugh Ormerod  
Cori Marcotte  
Taylor Marsh  
Cole Howey  
Andrew Payne  
Mark Tuura

### Governor's Gold

Francis Campbell  
Michelle Campbell  
Peter Frank Jr.  
Etienne Herold  
Trinity Jezierski  
Kenny Lucas  
Carl Martin  
Marcel Martin  
Clarence Smith  
Donald William Jr.

### M.G. Griffiths Award

Hugh Ormerod  
Mark Tuura





## WATERWISE TEAM

In its seventeenth year of operation, the 2016 WaterWise Team had a very successful season! Returning Team member, Sienna Joyce, and new Team member, Lindsay Munroe, traveled to many regions throughout the province of British Columbia promoting water safety and drowning prevention through school presentations, community events, boat launch visits, and social media.

With the New Year came new Team initiatives including a brand new look and logo, refreshed key messages, new and creative school contests, and even more travel destinations!

This year the Team traveled throughout the Lower Mainland, the Island, and the Thompson-Okanagan, spreading their new key messages: Prepare It! Wear It! Know It! Share It! They broadened their reach to visit new cities including Tofino and Ucluelet, Port Alberni, Qualicum Beach, Parksville, Cowichan Bay, Vernon, Salmon Arm, Sicamous and Chase. The Team successfully reached over 4500 children through school presentations, including both elementary and middle schools this year. A new contest, #CaughtYouSharingIt, was introduced to schools this year as students were encouraged to 'Share It', creating posters to illustrate the importance of water safety in their community. For some great pictures, check out the Team's Facebook page.

Targeting males aged 20-29 and 50-59, the Team created an infographic video released during National Drowning Prevention Week. The 'Who is Drowning?' video highlighted pertinent drowning statistics and drowning prevention tips, reaching over 40,000 people through social media.

Lindsay and Sienna's enthusiastic energy, hard work and effort this year were tremendously successful. We hope to continue the success in 2017.

Hosting an event at your facility? Book the WaterWise Team for presentations, informational booths, and games.

Contact [waterwiseteam@lifesaving.bc.ca](mailto:waterwiseteam@lifesaving.bc.ca) for more information.





## ADVENTURESMART TEAM

The British Columbia Search and Rescue Association (BCSARA) and the BC & Yukon Branch of the Lifesaving Society have collaborated to provide additional support for AdventureSmart in British Columbia.

As part of the \$10 million funding to BCSARA from the Province of BC, this contract will see a return of the coordination and AdventureSmart outreach teams in BC that were so successful from 2004 to 2008 in delivering the 'Get Informed and Go Outdoors' messaging in schools, at public events and to organizations.

Sandra Riches returns as AdventureSmart Coordinator with the Lifesaving Society having been a key player in the development of the program as a volunteer coordinator and trainer for the past 8 years.

This support is additional to the incredible dedication of many Search and Rescue volunteers throughout Canada who deliver AdventureSmart presentations through the Search and Rescue Volunteer Association of Canada (SARVAC) in partnership with the National Search and Rescue Secretariat (NSS). Chris Kelly, President of BCSARA, says "BCSARA recognizes the urgency of providing additional resources to provide safety messaging to the public to reduce the growing number of incidents requiring response by SAR volunteers and agencies."

AdventureSmart was created in British Columbia in 2004 as a New Initiatives Fund (NIF) project, with further support from the Province of BC through Emergency Management BC. The messaging and programs under AdventureSmart were so successful it became national in 2009, and was transferred to the NSS in 2013 with delivery through SARVAC and other partners.

For more information on AdventureSmart go to [www.adventuresmart.ca](http://www.adventuresmart.ca)



## BARNSELEY BRANCH CHAMPIONSHIP

Congratulations to the 2016 Barnsley BC & Yukon Lifeguard Champions - The Eh Team!







## 125 YEARS OF SAVING LIVES IN THE COMMONWEALTH

Happy Anniversary! 2016 marks 125 years of drowning prevention throughout the Commonwealth by the Royal Life Saving Society. As a member of Lifesaving Society Canada, you share the outstanding heritage of our world-wide humanitarian charity and its lifesaving ideals. Thank you for being part of the global effort to eliminate drowning.

To mark the anniversary year, the Society has established a number of programs including Survival Swimming, recognition of service to the Society, gathering and sharing our history as well as celebration and educational events.

As part of the 2016 Lifesaving Society Canada national meetings held in Edmonton, the Alberta/Northwest Territories Branch hosted a gala dinner to celebrate the RLSS anniversary. Representing the Queen was the Lieutenant Governor of Alberta, the Honourable Lois Mitchell who congratulated Lifesaving Society Canada on their contribution to drowning prevention.

In honour of this momentous occasion, the Commonwealth President graciously presented the H.R.H. Prince Michael of Kent, 125th Anniversary Certificate of Merit to honour individuals who have given distinguished service to the Society. The award is made to individuals whose voluntary contribution and achievements have significantly impacted on the Society and its work, or have represented the Society in an exemplary way, in particular in the fields of sport, youth and drowning prevention.

Seven BC recipients were part of the Canadian delegation of 21 award recipients. Only 125 of the Certificates of Merit were awarded to representatives of Commonwealth countries. Other recipients came from countries including the UK, Australia, Cameroon, Canada, Hong Kong, India, Kenya, Lesotho, Malaysia, Malta, New Zealand, Singapore, South Africa and St Lucia. Award recipients were also invited to a reception at Buckingham Palace hosted by Her Majesty Queen Elizabeth II and Prince Michael of Kent to mark the anniversary. The event was also attended by HRH The Duke of Edinburgh, and the Duke and Duchess of Gloucester.

In addition, a unique 125th Anniversary Service Certificate has been created for Member Branches to honour individuals who have contributed to the drowning prevention mission of the RLSS. Canada's survival swimming program, Swim to Survive, is a proven method to prevent drowning and teaches the essential skills needed to survive an unexpected fall into deep water.

Certificates will be presented at Hotel Vancouver on Saturday, March 18, 2017 at the 105th Annual Commonwealth Awards for Honour and Rescue under the distinguished patronage of the Honourable Judith Guichon, O.B.C. Lieutenant-Governor of British Columbia.

### H.R.H. Prince Michael of Kent, 125th Anniversary Certificate of Merit

Craig Amundsen  
Ron Aubrey  
Dr. Steve Beerman  
Doreen Drysdale  
Graham Esplen  
Nicole Liddell  
Tony Toriglia

### 125th Anniversary Service Certificate

Arrowsmith Search and Rescue  
Brentwood College  
Bulkley Valley Regional Pool and Recreation  
Centre  
Cadey Bell  
Central Coast Regional District  
City of Kamloops  
City of Nanaimo  
City of New Westminster  
City of Powell River  
City of Prince George  
City of Trail  
City of Vernon  
City of Williams Lake  
Creston & District  
Creston Valley Aquatic Society

Dr. Steve Beerman  
Emily Carswell  
Fruitvale Elementary PAC  
Enable Occupational Therapy  
Gordon Head Recreation Centre  
Grant Sorensen  
Jacob Green  
Johnson Bentley Memorial Complex  
Lifeguard Outreach Society  
Our Friend Joe: The Joe Fortes Story  
Panorama Recreation Centre  
Payton Vermey  
Recreation Foundation of BC  
Regional District of Nanaimo  
School District 54  
School District 68  
School District 69 PAC  
School District 73  
SEAPARC Leisure Centre  
Sensisysten Elementary School  
Strathcona Regional District  
TELUS Community Action Team BC North  
The Corporation of Delta  
Timothy Bientjes  
Township of Ladysmith  
Vancouver Park Board  
Yaquan Nukiy School





I-r: Dale Miller, Branch Executive Director; Jason Blood, Branch Vice-President; Heidi Ogilvie, Branch President & National Board Member; Wendy Schultenkamper, National Technical Manager; Michael Lawless, Branch Past President



Graham Esplen with H.R.H Prince Michael of Kent



Nicole Liddell with H.R.H Prince Michael of Kent



I-r: Craig Amundsen, Tony Toriglia, Graham Esplen, Nicole Liddell, Doreen Drysdale, Dr. Steve Beerman and Ron Aubrey



Craig Amundsen with H.R.H Queen Elizabeth II





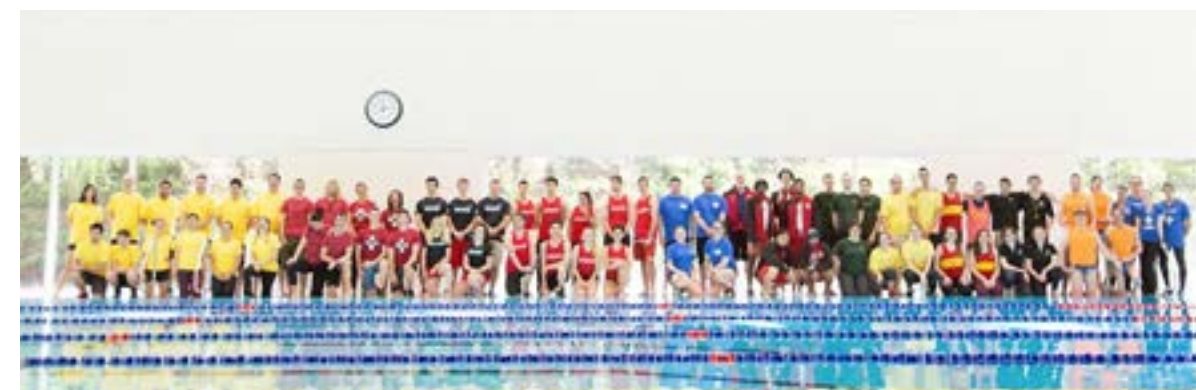
## CANADIAN LIFEGUARD EMERGENCY RESPONSE CHAMPIONSHIP

The Canadian Lifeguard Emergency Response Championship (CLERC) was held on Saturday April 30 and Sunday May 1 at Guildford Recreation Centre in Surrey and was a huge success!

CLERC brought together 16 teams from across the country, including 8 from BC, to compete in the only sport whose skills are first learned for humanitarian purposes. Through lifesaving sport, the Society seeks to engage and inspire youth in our drowning prevention mission and to provide athletes, coaches and officials an opportunity for participation at all levels from developmental to high performance. Congratulations to 2016 CLERC Club Champions Team BC for their big win! Comprised of 3 teams, Sr Resuscitation, The Fantastic 4 and Saucy Savages, Team BC (pictured below) accumulated the highest total points in all three events. Aquam-Aqarius from Quebec was the top scoring individual team at CLERC 2016.

It takes numerous volunteers and sponsors to put on this one-of-a-kind event. The Branch is very appreciative of the incredible CLERC host City of Surrey as well as the planning committee and key officials. Without their hard work, passion and dedication to Lifesaving Sport this event would not have been possible.

We also very much appreciate support and guidance from the National Sport Commission and representatives Rebecca Boyd, Perry Smith and Adrian Cossu who travelled from Ontario to oversee the event. Thanks also go to event sponsors City of Surrey, Team Aquatic Supplies, Guildford Mall and CUPE402 for helping to make this event possible.







## SWIM TO SURVIVE DAY

During National Drowning Prevention Week 2016, the Lifesaving Society partnered with the Vancouver Park Board and Lifeguard Outreach Society to offer Swim to Survive to 600 Vancouver youth at no charge on Friday, July 22 at iconic Kitsilano Pool. This all-day safety program was delivered at no cost to youth ages seven to 18 with age-appropriate sessions running in two hour blocks at Kitsilano Pool.







# LIFESAVING SOCIETY

## THE LIFESAVING SOCIETY IS

The national, non-profit, voluntary organization that has been training swimmers to be Lifesavers, Lifeguards and Instructors in Canada since 1908 and in BC since 1911.

Dedicated to the prevention of incidents and the saving of life in aquatic environments across Canada.  
A member of the Royal Life Saving Society Commonwealth organization and the Canadian representative in the International Life Saving Federation

## LIFESAVING SOCIETY AIMS

Promote public awareness and understanding of the responsibility every Canadian assumes when working or playing in an aquatic environment. Provide educational opportunities for preparing swimmers to be lifesavers and for training highly skilled lifeguards. Pursue research to enhance and support the continuing development of its programs and to maintain technical excellence. Provide consultation services for education, recreation and health agencies in communities throughout the country.

## Lifesaving Society - BC & Yukon Branch

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@LifesavingBCYK



