



Lifeguard/Instructor 1

Job Description

Function:

Lifeguard/Instructor 1 report directly to the Lifeguard/Instructors 2, 3 and the Aquatic Coordinator. They are responsible to ensure safe and properly supervise all aquatic activities and programs. They are responsible for a clean and safe facility.

Duties:

- Operate recreational equipment safely (i.e. Tarzan rope and slides)
- Safeguard patrons using the facility through education and prevention of accidents
- Perform rescues in accordance with the established emergency procedures and procedures practiced in aquatic inservice training sessions
- Administer first aid as required to a National Lifeguard Standard level
- Complete appropriate accident or incident report forms, when necessary, and forward to Head Lifeguard/Supervisors/Management
- Instructs learn-to-swim, stroke improvement, water safety to all ages and all levels of the Red Cross Water Safety Program; prepares all necessary lesson plans and resource materials
- When instructing, is responsible for all records and reports on progress of pupils
- Clean the entire facility and its equipment, with extra focus on pool and change room area
- Monitor and test pool water chemistry for chlorine and pH levels and records results, make appropriate chemical adjustments (when trained to do so) and record them
- Maintain good physical condition through practice and participation of inservice training
- Enforce facility rules and regulations
- Wear designated lifeguard uniform while on duty
- Remain on duty on deck as assigned until relieved
- Remain within call of whistle blasts while off deck at all times
- Foster a good public image of the facility and maintain good public relations
- Perform related duties as assigned.

Required Skills, Abilities and Knowledge

- Considerable knowledge of lifesaving, patron control, resuscitation, first aid and pool lifeguarding policies, procedures and techniques.
- Considerable knowledge of swimming, water safety, rescue and lifesaving instruction and pupil evaluation policies, procedures and techniques
- Working knowledge of aquatic facility cleaning practices and procedures
- Ability to instruct and relate effectively with pupils of all ages and physical abilities
- Ability to supervise and scan the activities of large groups of facility users in the pools
- Ability to exercise courtesy tact and diplomacy in a wide variety of contacts with the general public and co-workers

Required Awards and Certificates:

Responsible for holding and keeping current the following awards:

- Lifesaving Society: National Lifeguard Award-Pool Option
- Standard First Aid-CPR C from a recognized establishment
- Canadian Red Cross: Water Safety Instructor OR Swim for Life Instructor (or willingness to obtain)
- Airway Management and Oxygen Administration