



As the Lifesaving Society continues to provide guidance for training and resources to support your staffing plans in light of current COVID-19 circumstances, an Update was circulated on June 17 outlining changes to programs and their prerequisites. Following are strategies the Society has created to help Affiliates, Instructors and Trainers navigate these changes with ease.

#### **MANDATORY COVID-19 INSTRUCTOR UPDATE**

The Mandatory COVID-19 Instructor Update is an online module that will take approximately 60 minutes to complete. As of June 24, it will be accessible by clicking on the Online Learning link on the Courses page of our website. Content will review new guidelines for delivering training, COVID-19 skill adaptations, PPE and clarity on how it all fits together.

All Instructors and Trainers will need to complete this module prior to teaching Lifesaving Society programs. Any courses taught prior to the Instructor/Trainer having obtained the Update may require candidates to be trained retroactively.

#### **AIRWAY MANAGEMENT & OXYGEN ADMINISTRATION (AMOA) INSTRUCTOR MODULE**

In order to meet aquatic staff needs with implementation of bag valve masks (BVMs), we have created an online Instructor module to fast track National Lifeguard Instructors (NLIs) and Trainers of all streams (LST, FAT, NLT) in Airway Management & Oxygen Administration (AMOA). The module is 90 minutes long and includes a downloadable Instructor Guide (PPTs, key points, equipment, etc.) and Award Guide. Content includes best practices for teaching BVM use, oxygen, pulse oximetry, oropharyngeal airways and manual suction. Access to BVM and COVID-19 protocol training videos will also be available. NLIs and Trainers will receive an AMOA certification and an AMOA Instructor (AMOAI) certification upon completion of the online module. This module will be available no later than June 30 and will be accessible by clicking on the Online Learning link on the Courses page of our website.

While current Lifesaving First Aid Instructors (FAIs) are certified to teach AMOA at this time, many do not as they are less familiar with the content. An Instructor module has been prepared for FAIs that will provide access to the new materials. FAIs will receive an Airway Management & Oxygen Administration (AMOA) certification upon completion of the online module.

#### **FAST TRACK AMOA FOR NATIONAL LIFEGUARDS**

While the use of supplemental oxygen is taught in National Lifeguard (NL), it is not evaluated. In order to ensure that all BC & Yukon National Lifeguards are properly trained and certified in the use of oxygen and BVMs, a fast track system has been created to support the imminent opening of facilities.

Those who hold or have held an NL certification can access an online module for free that will provide the theory portion of the Airway Management & Oxygen Administration course. Practical skill evaluation can be completed by an Updated FAI or AMOAI during the initial staff reorientation to re-open the facility (see sample *Staff Reorientation for COVID-19*).

The FAI or AMOAI will then complete the necessary paperwork and upload the Evaluation Checklist to the First Aid Database. All successful candidates will receive an electronic AMOA certification and the certification will show up on their Member Record.

This process will be the same for NLs who are recertifying. They can access the online module that provides the theory prior to their recertification and get evaluated within their recertification as long as the NLI conducting the precertification/recertification is current, has been updated and completed the online Airway Management & Oxygen Administration Instructor Module or is a Lifesaving First Aid Instructor. This module will be available no later than June 30 and will be accessible by clicking on the Online Learning link on the Courses page of our website.

## AIRWAY MANAGEMENT & OXYGEN ADMINISTRATION AS A PREREQUISITE FOR NL

As of July 1, the Lifesaving Society's Airway Management & Oxygen Administration certification will be a prerequisite for National Lifeguard. Equivalencies to this certification will not be considered. Practically, this does not have to change Affiliate programming. Nationally, the NL program is set at 40 hours for 12-16 candidates. BC & Yukon has programmed an additional 4 hours to practice supplemental oxygen use due to WorkSafeBC's requirement to have it on our pool decks.

Moving forward, NLI's who have completed the online AMOA Instructor Module can certify candidates in NL and AMOA upon completion of a 44-hour NL course. This will require course administration for both courses (NL test sheet & Evaluation Checklist updated to the First Aid Database) for candidates to receive their certifications.

As skills related to supplemental oxygen are part of the NL curriculum, program policies will remain the same (NL Pool = 44 hrs.) regardless of whether AMOA is infused into an NL course. This module will be available no later than June 30 and will be accessible by clicking on the Online Learning link on the Courses page of our website.

## STAFF REORIENTATION FOR COVID-19

The Staff Reorientation for COVID-19 Sample Inservice Outline will be available on June 22. It will be accessible under the COVID-19 heading of Affiliate Resources. Content includes:

- Activities (complete with times) based on the *Guidelines for Reopening BC & Yukon Pools & Waterfronts* document
- Equipment needed
- Who can teach each section based on their training
- Scenarios to practice the Decision Tree and use of the bag valve mask

## COVID-19 RESOURCE SUPPORT STRATEGIES CHART

All online courses and modules can be accessed by clicking the Online Learning link on the Courses page of the Lifesaving Society website.

Logistics	Mandatory COVID-19 Instructor Update	Airway Management & Oxygen Administration Instructor (AMOA) Module	NL Fast Track AMOA Module
Course Delivery Model	Online (as of June 24)	Online (no later than June 30)	Blended (online no later than June 30)
Course Duration	60 minutes	90 minutes	60 minutes online 45 minutes in person
Who can teach the course	N/A (online)	N/A (online)	Current FAI or AMOA
Candidate Prerequisites	Any one (1) of: LSI, FAI, NLI, LST, FAT, NLT or Apprentices for above-listed certifications	Any one (1) of the following: FAI, NLI, LST, FAT, NLT	NL (need not be current)
Resources	Available for Download: <ul style="list-style-type: none"> <li>• <i>Staff Reorientation for COVID-19</i></li> <li>• Scenarios for the Decision Tree</li> </ul>	Available in Leadership Resources <ul style="list-style-type: none"> <li>• AMOA PPT</li> <li>• Recommended Time Guidelines</li> <li>• Course Outline</li> </ul> Available for download: <ul style="list-style-type: none"> <li>• AMOA Instructor Guide</li> <li>• AMOA Award Guide</li> </ul>	Available for download: <ul style="list-style-type: none"> <li>• Canadian Oxygen Administration Manual</li> <li>• BVM &amp; Manual Suction Info Sheets</li> </ul>
Candidate Fee	\$16.00	\$16.00	\$12 (invoiced to Affiliate)
Resource Fee	\$0.00	\$16.00	\$3 (at time of registration)
Total Fees	\$16.00 (at time of registration)	\$32.00 (at time of registration) \$16.00 for FAIs	\$15.00

## DATES OF NOTE

<b>June 24, 2020</b>	Mandatory COVID-19 Instructor Update available online
<b>June 30, 2020</b>	<ul style="list-style-type: none"><li>• Airway Management &amp; Oxygen Administration Instructor Module available online</li><li>• NL Fast Track Airway Management &amp; Oxygen Administration Module</li></ul>
<b>August 1, 2020</b>	90-day extension begins for all certification expiring as of March 1, 2020 Certifications extended to October 31, 2020.
<b>October 31, 2020</b>	All certification that received extension as of March 1, 2020, expire
<b>December 31, 2020</b>	Lifesaving Instructors (LSIs) who qualified for the LSI extension, expire
<b>January 3, 2021</b>	<ul style="list-style-type: none"><li>• Last day the current Lifesaving Instructor Course can be offered by Affiliates</li><li>• Last day to offer the current Bronze Family programs</li><li>• All LSIs who were trained under the current LSI program expire who have not taken the 2020 Lifesaving Instructor Recertification</li></ul>
<b>January 4, 2021</b>	<ul style="list-style-type: none"><li>• Affiliates can offer the new Lifesaving Instructor Course</li><li>• Affiliates can offer the new Bronze Medals Programs</li><li>• All those supervising course apprenticeships will have undergone the Apprenticeship Supervisor process</li></ul>

For questions or clarification, contact the Branch office at [awards@lifesaving.bc.ca](mailto:awards@lifesaving.bc.ca) or 604.299.5450.