



**Canadian Swim to Survive Standard:
Roll into deep water – Tread 1 minute – Swim 50 metres**

-
- has achieved the Swim to Survive Standard**
 - has achieved the Swim to Survive Standard in a lifejacket**
 - has practiced the Swim to Survive Skills**

On behalf of the Lifesaving Society

Date



LIFESAVING SOCIETY®
The Lifeguarding Experts

Family Swim to Survive®
Lifesaving Society



Swim to Survive®
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