



Lifeline

Aquatic News for British Columbia & the Yukon

Mark Your Calendar

LSIT Courses

Sungod, Delta
Nov 7, 8, 14

Nanaimo A. C.
Jan 23, 24, 30, 31

Applications can be downloaded from lifesaving.bc.ca

NLSI Courses

Walnut Grove C.C.
Nov 21, 22, 30, 31,
2009

Island location TBA
May 21, 22, 23, 24,
2010

Vancouver location TBA
Nov 20, 21, 27, 28,
2010

Applications can be downloaded from lifesaving.bc.ca

First Aid Leadership

HCP Instructor
UBC Aquatic Centre
Oct 25 (1pm to 9pm)

AED Instructor
UBC Aquatic Centre
Oct 31 (9am to 5pm)

Worksite FA Instructor
UBC Aquatic Centre
Dec 3 (9am to 5pm)

Contact UBC to register

Did you know...

...that 2011 will mark the 100th anniversary of the BC & Yukon Branch of the Lifesaving Society?



Head Lifeguard Course

The Lifesaving Society BC & Yukon Branch is excited to announce the addition of the Head

Lifeguard program to our family of Leadership training programs.

The Head Lifeguard course is designed as entry level training for lifeguards that are currently, or will be responsible for the front line supervision of deck staff. As a result of the Head Lifeguard course, participants will develop an understanding of:

- ▶ The roles and responsibilities of a Head Lifeguard.
- ▶ Staff supervision, deck management and effective communication.
- ▶ Implementation of Emergency Procedures.
- ▶ Managing risk, facility safety and implementation of safety systems.
- ▶ Staff training and development

Aquatic Inservice Survey

On July 13, 2009 a survey was sent to 110 year-round Affiliates within the BC & Yukon Branch. 37 responses had been submitted (34% return). Thanks to all those who participated in the survey.

Some interesting results include:

- ▶ 95% of respondents have a structured inservice training program
- ▶ 89% have mandatory attendance
- ▶ 78% do not accept other training in lieu
- ▶ 100% use realistic simulations
- ▶ 78% have additional training outside of inservice.

[Full survey results](http://lifesaving.bc.ca) are available online at lifesaving.bc.ca



Swim to Survive® School Grant Program

The Lifesaving Society's Swim-to-Survive Standard defines the essential *minimum* skills (forward roll, tread water for 1min and swim 50m) required to survive an unexpected fall into deep water.

The Lifesaving Society's Swim to Survive Program consists of:

- ▶ 3 in-water lessons of 1 hour each
- ▶ 3 in-classroom water safety lessons

Our goal is to provide the training to 50% of Grade 3 students within the three year period of January 2010 to December 2012.

Contact the Branch office for more information at 604.299.5450 or info@lifesaving.bc.ca



Worksite First Aid Level 1 is Equivalent !

The development of the Worksite First Aid (WFA) Level 1 program was in response to the growing number of facilities that require an OFA Level 1 attendant within their aquatic facilities as per WorkSafe BC legislation.

All Lifesaving Society WFA Level 1 courses delivered after March 08, 2008 are accepted as OFA Level 1 certification in all workplaces in British Columbia.

The WFA Level 1 is a stand alone 8 hour course that does not include EFA or SFA and can be instructed by an FAI who has com-

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